





Registered under MSME and NITI Aayog

SPEAKINGCUBE ONLINE MENTAL HEALTH CONSULTING FOUNDATION

Presents

4th Virtual International Conference

IN COLLABORATION WITH SHOOLINI UNIVERSITY & UNIVERSITY OF VENDA

ON

MINDFUL-TRAUMA MANAGEMENT AND HAPPY RELATIONSHIP

16TH MAR-17TH MAR 2024

Aligned with the concept of WHO and UN for a sustainable development goal

FOR ENQUIRY - SCCONFERENCE21@GMAIL.COM CUBESPEAKING@GMAIL.COM

ABOUT SPEAKINGCUBE

Speakingcube is an online mental health consulting foundation with a team of experts working to elevate mental health through mindful practices. The mission of Speakingcube is to provide educative, preventive, and curative services to lay the foundation of a happy and peaceful world around us. Speakingcube was founded by Dr. Deepika Chamoli Shahi, as LLP and transformed into section 8 company under the guidance of the advisors. Speakingcube is a Mental Health NGO registered under Uttarakhand government MSME and NITI Aayog. We have a diverse team of psychologists, clinical hypnotherapists, life coaches, mindfulness experts and perinatal experts. Our advisors are Prof. Dr. Rita Kumar, Senior Professor, Psychology Department, Amity University Noida & Dr. Col(Retd.) Chetan Shardha, Diabetologist, Yashoda Hospital, Ghaziabad.



AIM OF THE CONFERENCE

- To explore the integration of mindfulness in trauma management and happy relationship.
- To conduct active research focused on trauma management and happy relationship.
- To create professional who are equipped in dealing with trauma and bereavement

OBJECTIVE OF THE CONFERENCE

 To educate, train and discuss the psychological aspects of trauma management to establish happy relationship.



THEME OF THE CONFERENCE

MINDFUL TRAUMA MANAGEMENT AND HAPPY RELATIONSHIP

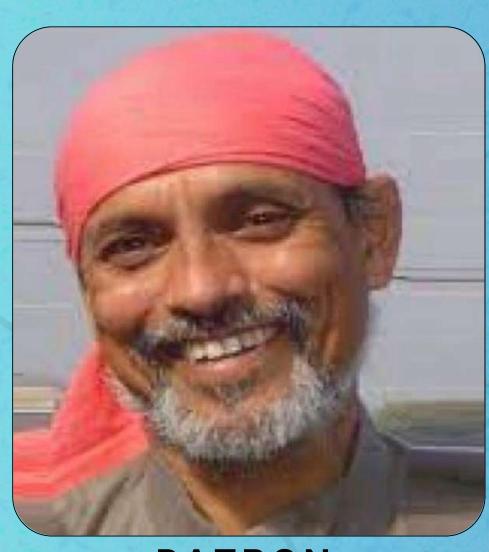


SUB-THEMES

- · Childhood trauma
- Stress management
- Work-Life balance
- Relationship issues
- Happy relationship
- Substance abuse
- Alcohol abuse
- Alcohol addiction
- Alcohol dependency
- Parenting
- Grief and bereavement
- Economic Behaviour in Trauma cases
- Others....

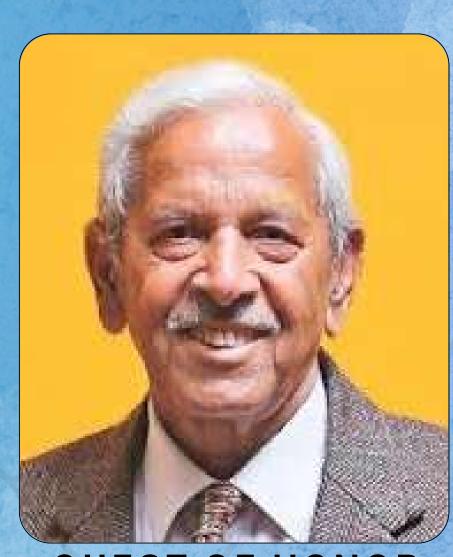


EMINENT GUESTS



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Dr. Anil Prakash Joshi
Padma Shree &
Padma Bhushan.
Indian Green Activist Founder
HESCO



GUEST OF HONOR

Prof. (Dr.) Prem Kumar Khosla
Chancellor
Shooloni University



KEYNOTE SPEAKER

Col. (Retd.) T. Sunil Sinha
Ex. Commandant
Vishwabharti Defence
Academy, Pune



GOVERNING BODY



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Prof. (Dr.) Deepika Chamoli Shahi
Psychologist & Clinical
Hypnotherapist
Founder and Director Speakingcube



Chairperson and Advisor
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Prof. (Dr.) Anita Chauhan
Associate Professor Head of
the department Centre of
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Advisor for Conference
Prof. (Dr.) Shalini Singh Sharma
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Banking Research, EGROW
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Former Dean, Eco & Public Policy MIT
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Prof. (Dr.) TM Mulaudzi
Acting Executive Dean
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EMINENT SPEAKERS



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Prof. (Dr.) Madhurima Pradhan
Former Head,
Department of Psychology
Founder Director,
Happy Thinking Laboratory
University of Lucknow



KEYNOTE SPEAKER

Prof. (Dr.) Abha Singh
Founder and Director
PSY-FI Solutions
Former Dean
Faculty of Social Sciences
Amity University, U.P



KEYNOTE SPEAKER

Prof. (Dr.) Manjusha
Deshpande
Director, Centre for Community
Development
Shivaji University, Kolhapur



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GUEST SPEAKER

Prof. (Dr.) Saamdu Chetri
Senior Director and Mentor
Yogananda School of Spirituality
and Happiness
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Prof. (Dr.) Sunita Dalal
Senior Professor
Department of Biotechnology
Kurukshetra University

EMINENT SPEAKERS



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Prof. (Dr.) Donthu Raj Kiran
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GUEST SPEAKER

Prof. (Dr.) Nidhi Verma

Core team member Speakingcube

Associate Professor

Amity University

Gurugram



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Prof. (Dr.) Devender Kumar Rana
Associate professor Clinical Psychology
PGI Chandigarh



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Head of the department
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PUBLISHING DETAILS

BEST PAPER PRESENTATION AND PUBLICATION OPPORTUNITY

Shortlisting of research papers will be done through 'Peer review process' and selected papers will be published. Publication charges are applicable as per the indexing of the Journals (UGC Carelist, Scopus, and Web of Science). No extra publication fee will be charged for peer-reviewed journals.

- The Last date of Registration 10-03-24
- The Last date of Abstract Submission 10-03-24
- The Last date for Full Paper Submission is 15-03-24

CERTIFICATE OF APPRECIATION TO TOP 3 PAPERS

GUIDELINES FOR PAPER SUBMISSION

- APA format to be followed.
- Deadlines to be followed.
- Plagiarism above 15% will not be accepted.

Publication Partners

Redshine Publisher Journals

Mind and Society Journal

Humanities and Social Science Review Journal



REGISTRATION DETAILS

Indian Attendees	INR 300
Indian Students (UG, PG & Research scholar)	INR 1500
Indian Professional	INR 2000
International Attendees	\$8
International Students	\$30
International Professionals	\$ 45

PAYMENT MODE: Gpay/PhonePe/Paytm or Bank Transfer

BANK TRANSFER DETAILS

Speakingcube Online Mental Health Consulting

Foundation

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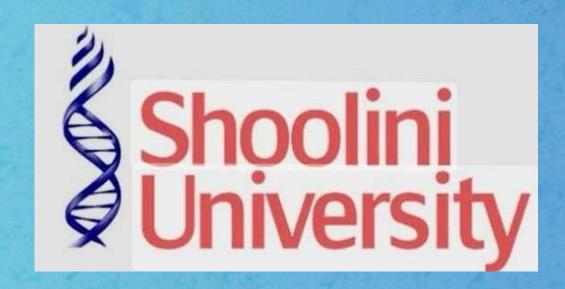


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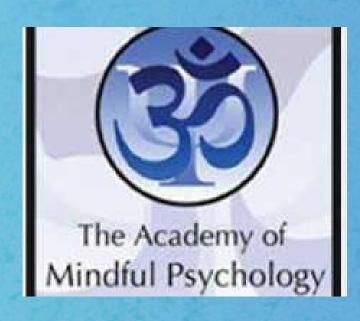






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