



Uttarakhand Open University
Haldwani, Nainital (U.K.)



Dr. RS Toliya Uttarakhand Academy of
Administration, Nainital (U.K.)

A Report on Three Days Training Programme on “Training of Trainers on School Safety & Preparation of School Disaster Management Plan”

A three days' training programme on Disaster Management “**Training of Trainers on School Safety & Preparation of School Disaster Management Plan**” held from 10–12 February 2026, jointly organized by Uttarakhand Open University and Dr. R.S. Tolia Uttarakhand Academy of Administration, Nainital. A total of 30 faculty and other staff members participated in this training programme. Participants belong to various disciplines viz. Physics, Environmental Science, Social Science, Tourism, Library Science, Computer Science, Health Science, Management, Social Welfare, and various section of the university like maintenance and administration.

DAY 1

The programme started with inaugural session and Professor N.C. Lohani, Hon'ble Vice Chancellor, Uttarakhand Open University was present in the inaugural session as **chief guest**. In his address, he emphasized on the importance of such programmes for geographically sensitive state like Uttarakhand.

After the inaugural session, **Technical Sessions** started at 11:00 AM to 1.30 pm. The main resource person of the sessions were Dr. Om Prakash from the Academy and Professor R.K. Pandey, Former, Executive Director, DMMC, Dehradun. Professor R.K. Pande delivered his lecture on Hyogo Framework for Action (2005–2015) to the current Sendai Framework (2015–2030) and policies and planning.

In the afternoon session, an insightful documentary entitled “**Nature’s Fury**” was shown to participant for better understanding of the subject. The documentary focused on the catastrophic impact of earthquakes and the critical importance of seismic preparedness. This session helped participants to understand the practical significance of disaster



preparedness through real life examples. The sessions were interactive, informative, and provided a strong theoretical base for the practical sessions scheduled for the following days. Rapporteurs of the day were Dr. Meenakshi Rana and Dr. Nirmala Taragi, and day monitor was Dr. Preeti Pant.



DAY 2

The second day of the program commenced at 10:00 am with the summary of the previous day followed by **First technical session by Prof. Surya Prakash**, from National Institute of Disaster Management, New Delhi. He delivered his lecture on **“Safe Hill Area Practices”**. He emphasized proactive planning and locally contextualized strategies considering the geographical vulnerability of Uttarakhand. He also elaborated about the safety measures in hilly regions, identification of hazards, and preparedness strategies for disasters such as landslides and earthquakes. He was also a key resource person for second session. In the second session he delivered his lecture on **“School Safety: Model of SDMAP (School Disaster Management Action Plan).”** The discussion covered the structure of SDMAP, hazard and risk assessment, resource mapping, evacuation planning, and emergency response mechanisms within schools and Institutions. **In the third and fourth** technical sessions, the key resource person was Mr. R.S. Rana, Consultant, Academic Counsellor and Head – Geology, Geotech & Disaster Management. His lecture was on **“Training of Trainers (ToT)”** program on School and Institutional Safety and Formation of Disaster Management and Emergency Response Plan. He also conducted a MOCK Drill on earthquake. The primary objective of his training was to strengthen the capacity of educators and institutional representatives in disaster preparedness, risk reduction, and emergency response planning. The session emphasized the importance of creating a safe and resilient



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शैक्षणिक संस्थानों के लिए सुदृढ़ आपदा प्रबंधन का ढांचा होना अत्यंत आवश्यक : सूर्य प्रकाश

हल्द्वानी। उत्तराखंड मुक्त विश्वविद्यालय में आपदा प्रबंधन का प्रशिक्षण कार्यक्रम जारी है। दूसरे दिन विशेषज्ञों ने विद्यालयों में आपदा प्रबंधन की तैयारी पर महत्वपूर्ण मार्गदर्शन दिया। राष्ट्रीय आपदा प्रबंधन संस्थान नई दिल्ली के प्रो. सूर्य प्रकाश ने उन्होंने पर्वतीय क्षेत्रों में भूकंप, भूस्खलन जैसी आपदाओं के जोखिम को देखते हुए विद्यालयों में पूर्व तैयारी और सुरक्षित व्यवहार को आवश्यकता पर जोर दिया। उन्होंने कहा शैक्षणिक संस्थानों के लिए सुदृढ़ आपदा प्रबंधन ढांचा अत्यंत आवश्यक है। यूओयू और आरएस टोलिया उत्तराखंड प्रशासन एकेडमी नेनीताल की ओर से संयुक्त रूप में आयोजित कार्यक्रम में डॉ. ओम प्रकाश, आरएस राणा, डॉ. प्रभा ढौंडियाल, डॉ. नेहा तिवारी, डॉ. एचसी जोशी, प्रो. कमल देवलाल, डॉ. बीना तिवारी फुलारा आदि मौजूद रहे। संवाद

environment in schools and institutions, particularly in disaster-prone regions. In this session group wise activity was also given to participants to prepare Disaster Management Emergency Plan of various identified buildings of the University.

The Rapporteurs of the day were Dr. Deepa Bisht and Dr. Priyanka Sharma, and day monitor was Dr. Prabha Dhoundiyal.

DAY 3

The sessions of the third day primarily focused on practical exposure, emergency response techniques, and safety demonstrations, with the objective of strengthening participants' preparedness and response capacity during disaster situations. The first technical session, held from 10:00 am to 11:45 am, was delivered by Mr. Manish Bhakuni and his team from SDRF, Nainital, on the topic "First-Aid and Search & Rescue Techniques." The session was highly informative and practical in nature, emphasized on life-saving skills, systematic rescue procedures, and effective emergency response mechanisms. He also told about the key concept and importance of "Golden Hour", which refers to the first hour after an incident. The session also included a practical demonstration. Mr. Bhakuni and his team demonstrated how to safely carry a critically injured person and transport them quickly to a medical facility. A detailed practical demonstration of Cardio-Pulmonary Resuscitation (CPR) was also conducted. This segment further strengthened the hands-on learning experience and gave participants a comprehensive understanding of both manual and equipment-based rescue techniques.



The last session of today was on "**Fire Safety Mitigation: Demonstration**" and was conducted by Chief Fire Officer Mr. Gaurav Kirar.

The Rapporteurs of the day were Dr. Harimohan Bhandari and Dr. Jaya Upreti, and Day monitor was Dr. Minakshi Rana.

Valedictory Session (12.02.2026 : Time: 3.15 pm onward)

Three days' workshop concluded with a formal Valedictory Session. The Chief Guests of the session was Dr. Mahesh Kumar, Joint Director, Dr.RS Tolia Uttarakhadn Academy of Admisnistration, Nainital and session chaired by Prof. Girija Pande, Director, Centre for internal Quality Assessment (CIQA), Uttarkhadn Open University, Haldwani. The session commenced with a warm welcome address by Prof. P. D. Pant, who formally welcomed the Chief Guests, dignitaries, and all participants. He appreciated the active involvement and cooperation of the participants throughout the three-day workshop. Following his welcome

address, Dr. H. C. Joshi, Co-convenor of the event, presented a comprehensive report of the three days' training programme. He highlighted the key sessions, practical demonstrations, expert lectures, and major learning outcomes of the programme. Subsequently, certificates were distributed to all the 30 participants for their successful completion of the training programme. Subsequently some of the participants shared their experiences and feedback regarding the training programme. They expressed their satisfaction with the practical exposure, expert guidance, and the overall organization of the programme. Thereafter, the chief guest of the valedictory session Dr. Mahesh Kumar, Joint Director, Dr.RS Tolia Uttarakhand Academy of Administration, Nainital, addressed the gathering. While interacting with the participants, he shared his valuable experiences and emphasized the importance of disaster preparedness, school safety planning, and community awareness. In the presidential address, Prof. Girija Pande highlighted the significance of such training programmes in strengthening institutional capacity and promoting safety culture within educational institutions. The session concluded with a formal vote of thanks by Dr. Om Prakash, who expressed gratitude to the Chief Guests, resource persons, organizers, and participants for their valuable contribution and cooperation. Finally, the three-day programme formally concluded with the National Anthem, marking the successful completion of the workshop.

Overall all the sessions were very informative, useful and important from the perspective of State of Uttarakhand. Uttarakhand Open University and Dr. RS Tolia Uttarakhand Academy of Administration are thankfully acknowledged especially Vice Chancellor, Uttarakhand Open University for his kind support and encouragement and Director General, Dr. RS Tolia Uttarakhand Academy of Administration, Shri B.P. Pande and other administrative staff for choosing Uttarakhand Open University and its faculty members and staff for this training programme.



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