



UTTARAKHAND OPEN UNIVERSITY,
HALDWANI, NAINITAL

The report should be sent (in the sealed envelope) to the Director Research, Uttarakhand Open University, Teenpani Bypass Road, Haldwani (Nainital) - 263 139

REPORT FOR THE PH.D. VIVA VOCE

1. Name of the Candidate ... Neeta Deolia
2. Subject ... Yoga
3. Name of the Doctorate Degree ... Ph.D.
4. Title of thesis
"रक्षावृत्त की स्थिति के अन्तर्गत महिलाओं में चिंता व तनाव व अवसाद पर चयनित योगिक अभ्यासों के प्रभाव का अध्ययन"
5. Name of the examiner with full postal address ... Prof. (Dr.) G. D. Sharma, Yoga, Bhawan near Sanjay Gandhi Public School, New Shimla-171009

Note - Under the ordinance relating to Doctorate Degree a thesis shall comply with the following conditions and the examiners are requested that in case they approve a thesis for the degree, it should be definitely mentioned in the report that the thesis complies with these requirements.

- (a) It must be a piece of research work characterized either by the discovery of facts or by a fresh approach towards the interpretation of facts or theories. In either case it should evince the candidate's capacity for critical examination and sound judgment.
- (b) It shall be satisfactory in point of language and presentation of subject matter. The examiners will also indicate whether the thesis is suitable for publication in its present form with or without amendments.

IMPORTANT

The Examiner is requested to recommend definitely whether;

- (a) The candidate be admitted to the degree.
Or
 (b) The candidate should improve and resubmit the thesis.
Or
 (c) The thesis should be rejected.

REPORT

आज शोधार्थिनी की मौखिक परीक्षा हुई जिसके अन्तर्गत सर्वप्रथम शोधार्थिनी ने अपने शोध कार्य की प्रस्तुति प्रभावशाली तरीके से की। तत्पश्चात् शोधार्थिनी से विषय सम्बन्धि प्रश्न व चर्चा की गई, जिनके उत्तर, उदाहरण व शंका निवारण तथ्य सटीक रहे। मौखिकी में शोध निदेश, योग विभाग के निदेशक, अधिष्ठाता (शोध तथा विभाग) के शिक्षक उपस्थित रहे।

अतः मैं मौखिकी के आधार पर वि.वि. से शोधार्थिनी को पी.एच.डी. की संस्तुति करता हूँ।

Dated 22-07-2024

(Signature of the Examiner)

22/7/2024

(If necessary blank sheets may be added to complete the report)

Accepted
22/7/24