



School of Research and Invocation
Uttarakhand Open University, Haldwani, Nainital (Uttarakhand)

Ref. No. UOU/Research/2023/01/1883

Date: 03.08.2023

To,

Professor G. D. Sharma,
Ex-Prof. Yoga,
Himanchal Pradesh , University, Shimla (H.P.)

Subject:- Nomination as External Examiner to conduct the Ph.D. *viva-voce*.

Revered Sir,

I am happy to inform you that the Hon'ble Vice Chancellor, Uttarakhand Open University has nominated you as an external examiner to conduct the *viva-voce* of **Mr. Anil Kothari** for his thesis entitled "**Role of selected Yogic Practices on Quality of Middle Aged Adults suffering from Obesity, Hyperlipidemia and long term Glycemic control in Type - II Diabetes** " which has been kindly evaluated by you.

Needless to say, that the University will bear the honorarium as per the University's rules.

I, therefore request you to kindly intimate us the date suitable to you for conducting, *viva-voce* so that the necessary arrangements can be made and intimation can be communicated to the learner well in advance, so as to provide him at least one week time for making necessary preparations.


Thanking you

sincerely Your's


(Dr. S. N. Ojha)
Assistant Director (Research)

C.C. for Information

1. PS to VC, Uttarakhand Open University, Haldwani, for kind information of Hon'ble VC
2. Director Research & Innovation, Uttarakhand Open University, Haldwani.
3. Director, School of Health Science, Uttarakhand Open University, Haldwani.
4. Dr. Bhanu Prakash Joshi, Supervisor and Internal examiner to contact Ex- Prof. G. D. Sharma, to fix the date.
5. Registrar, Uttarakhand Open University, Haldwani.
6. Controller of Examinations, Uttarakhand Open University, Haldwani
7. Finance Controller, Uttarakhand Open University, Haldwani.
8. Office File.


(Dr. S. N. Ojha)
(Assistant Director (Research))