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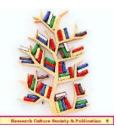
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This is to certify that Article entitled 'CLINICAL IMPORTANCE OF SHATKARMA IN THE MANAGEMENT OF OBESITY AND CHRONIC CONSTIPATION- A REVIEW ARTICLE" Manuscript no. WJPMR/4504/7/2021, *Anil Kothari, has been published *in World Journal of Pharmaceutical and Medical Research*, (Volume 7, Issue 5.) after getting reviewed by three reviewers.

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Is hereby awarding this publication certificate to **Mr./Miss/Prof./Dr.** Anil Kothari, who has contributed a paper titled – YOGA AND MENTAL HEALTH: A REVIEW ON EFFICACY OF YOGA IN MANAGING STRESS, ANXIETY AND DEPRESSION

To the IRJAY as an author/ co-author and has got published in Vol. 4 Issue 3

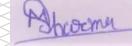
The Editor in Chief & The Editorial Board Appreciated the intellectual Contribution of the Author/ co-Author



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