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This is to certify that

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Title "Therapeutic Potential Of Selected Yogic-Practices In The Management Of Type-II Diabetes- A Review"

and has got published in volume **12**, Issue **09**, **September-2022**

The Editor in Chief & The Editorial Board appreciate the Intellectual Contribution of the author/co-author

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World Journal of Pharmaceutical and Medical Research

Certificate

This is to certify that Article entitled **“CLINICAL IMPORTANCE OF SHATKARMA IN THE MANAGEMENT OF OBESITY AND CHRONIC CONSTIPATION- A REVIEW ARTICLE”** Manuscript no. WJPMR/4504/7/2021, ***Anil Kothari**, has been published *in World Journal of Pharmaceutical and Medical Research*, (Volume 7, Issue 5.) after getting reviewed by three reviewers.

Editor in Chief
WJPMR

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CERTIFICATE OF PUBLICATION

The Editorial Board Of INTERNATIONAL RESEARCH JOURNAL OF AYURVEDA AND YOGA

(A International Peer Review and Indexed Journal of Ayurveda and Yoga Professional)

Is hereby awarding this publication certificate to **Mr./Miss/Prof./Dr. Anil Kothari**, who has contributed a paper titled – **YOGA AND MENTAL HEALTH: A REVIEW ON EFFICACY OF YOGA IN MANAGING STRESS, ANXIETY AND DEPRESSION**

To the IRJAY as an author/ co-author and has got published in Vol. 4 Issue 3

The Editor in Chief & The Editorial Board Appreciated the intellectual Contribution of the Author/ co-Author



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